



For Immediate Release:

PEACE Zone Recovery Center to Hold Open House April 4, 2013

Evansville, Indiana - March 19, 2013 - Evansville's first and only Recovery Center, PEACE Zone, is excited to announce an open house. The Center opened February 28 and is open to the public on Thursday, April 4, 2013 from 4:30-6:30 pm.

PEACE Zone is peer-run and assists individuals in recovery from mental illness through peer support, socialization opportunities, referrals, advocacy, and recovery education. Anyone struggling with mental illness is welcome at the Center. Southwestern Behavioral Healthcare, Inc. is donating the space for the Center, which includes a lounge area, pool table/game room, computer lab, a group meeting room, and access to a gymnasium and walking track.

Individuals who come to the Center find hope and encouragement from other members during difficult times in the recovery process. Countless individuals lead normal and successful lives while living with mental illness, and through PEACE Zone, individuals can work on their own recovery in a supportive environment.

Activities offered at the Center will evolve depending on the needs of individuals who visit the Center. Programming at the Center currently include: Qi Gong, Yoga, pool tournaments, a weekly recovery support group, and arts/crafts. Wellness Recovery Action Planning (WRAP) education classes will begin soon. WRAP is a self-management recovery tool to maintain wellness. Movie nights, bingo, and book discussion groups will likely be added to the schedule of events, as well as other activities upon request.

PEACE Zone is excited to extend the public the opportunity to visit and learn about the Center. RSVP to rival@peaceevansville.org or 812.436.4352.

(more)

About PEACE Zone Recovery Center

(Peer Empowerment & Advocacy in the Community of Evansville)

PEACE Zone is a recovery center assisting individuals in recovery from mental illness through peer support, socialization opportunities, referrals, advocacy, and recovery education. Visitors will find a supportive, safe, and stigma-free environment. The “Zone” does not provide nor should be a replacement for professional treatment. It is a non-clinical, unstructured peer-run center run *for* and *by* its members.

PEACE Zone is a nonprofit organization and operates on grants and donations. For information on donating, please visit www.peaceevansville.org.

HOURS:

Tue 3-7,

Wed-Sat 1-4

Sun and Mon closed

Contact:

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